

WISCONSIN MASTERS SHORT COURSE YARDS SWIM MEET

Sunday, February 14, 2010 - Madison East YMCA

Sponsored by: Madison Area Masters

Sanctioned by: The Wisconsin LMSC for USMS, Inc., Sanction No. _____

Location: Madison East YMCA, 711 Cottage Grove Road, Madison, WI 53716

Time: Sunday, February 14, 2010. Warm-up at 7:00 AM, meet starts at 8:00 AM.

Facilities: 8-lane, 25-yard pool with anti-turbulent lane guides, starting blocks, backstroke flags, and electronic timing.

Eligibility: Open to all registered Masters Swimmers 18 years old and older. All entrants must be registered Masters Swimmer and the USMS number must be on the entry form. Each entry must be accompanied by a copy of the swimmer's current USMS registration card.

Rules: Official Masters Rules will govern this meet. All events will be timed finals.

Seeding: Heats will be computer seeded on the deck, slowest to fastest. Please submit a reasonably accurate seed time. A "NO TIME" will be seeded in the slowest heat. Age groups and sexes will be combined to expedite the meet.

Timing: Automatic timing system backed up by watches.

Warm-Up: What used to be Lane 1 is a permanent "ramp" lane. With new blocks, Lane 7 will be a start and sprint lane with swimming in one direction only and exiting to the side or the end. Lanes 2-6 will be for circle swimming only. **NO DIVING STARTS from the blocks or from the deck in lanes 2-6.** Swimmers must enter the pool feet first in a cautious manner in lanes 2-6. Hand paddles, fins, kickboards, etc., may not be used at any time during the warm-up period.

The "ramp" lane will be designated for the purpose of continuous warm-up or cool down during the meet. No jumping, diving, or socializing in this lane while the meet is in progress.

Entry Fee: \$3.00/individual event plus a \$5.00 pool surcharge. Deck entries (same day) for individual events will be accepted only until 8:00 AM, and the fee for deck entries shall be \$5.00/individual event, plus the pool surcharge of \$5.00. Checks should be made payable to "Swim Club".

Entry Limit: Five individual events, plus relays. The 500 Free will be limited to the first 32 entries received. Each swimmer in the 500 will be responsible for providing a person to count his/her laps.

Entry Deadline: Entries must be in the meet director's hands no later than 6:00 PM, Monday, February 8, 2010.

Meet Director: Dick Pitman, 2729 Commercial Ave., Madison, WI 53704; 608-770-2307 or 608-242-8564.
E-mail: dickpitman@hotmail.com

Entry Form: The official Universal Meet Entry Form must be used, one person per form. The **LIABILITY RELEASE** must be signed without any alterations.

Awards: Ribbons 1st through 3rd place.

SCHEDULE OF EVENTS

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|--------------------------|---------------------------|
| 1. 400 Individual Medley | 10. 50 Butterfly |
| 2. 200 Freestyle | 11. 100 Backstroke |
| 3. 100 Breaststroke | 12. 200 Free Relay * |
| 4. 200 Backstroke | 13. 200 Breaststroke |
| 5. 100 Individual Medley | 14. 50 Freestyle |
| 6. 200 Medley Relay * | 15. 100 Butterfly |
| 7. 50 Breaststroke | 16. 50 Backstroke |
| 8. 200 Butterfly | 17. 200 Individual Medley |
| 9. 100 Freestyle | 18. 500 Freestyle |

Relays: *Submit relay entries at meet. Relays may be all men, all women or mixed (2 men, 2 women).

Post Meet: Plan on burgers and refreshments at The Harmony Bar & Grill, 2201 Atwood Avenue, Madison

Directions to Pool from the North: Take US 51 (aka “Stoughton Rd”) south to Cottage Grove Rd (aka County Hwy BB), turn left. You’ll see the YMCA on your left.

From the South: Take US 51 (aka “Stoughton Road”) north to Cottage Grove Rd (aka “County Hwy BB”), turn right, go under bridge. You’ll see the YMCA on the SE corner on your left.

The Madison meet results will be posted on our website: www.swim-wimasters.org